

Julie A. S. Zimmerman MSN, RNC-OB, C-EFM

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SUMMARY OF QUALIFICATIONS

Forty-one years experience as a Maternal-Child Registered Nurse, primary emphasis Labor and Delivery

Master's in Advanced Practice for Women's Health, clinical emphasis on maternal child and genetics application in community health

Ten years facilitator for nurse residency program including planning, facilitating, and evaluating courses and simulations

Twenty-two years instructor of nationally standardized Association of Women's Health, Obstetrical and Neonatal Nursing' Electronic Fetal Monitoring workshops including intermediate, advanced, and instructor trainer. Recognized at 2007 & 2010 national conference as top ten instructor in number and evaluations of presentations nationally, 2013 recipient AWHONN EFM National Instructor Recognition Award; Principal author of 3rd edition of AWHONN EFM Instructor Enhancement Course

Twenty year instructor of comprehensive based sexual health education presentations for nine through twelfth grades through Title X grant, Eastern Iowa Health Center

Poster Presenter at National AWHONN conference in 2007, 2010 and 2012 @ National AWHONN leadership Conference. 2018 AWHONN National Conference planning committee; 2019-2020 AWHONN Staffing Guidelines Committee; 2020 AWHONN EFM Task Force Committee

Attendee of numerous National AWHONN and Perinatal Bereavement conferences

2008 Center for Medical Simulation training participant, M.I.T.; Boston, MA; 2010 attendee, Title X, Family Planning Conference, St. Louis, MO

2005-present Reviewer for medical malpractice; Provide expert opinion regarding the practice of labor and delivery nurses and interpretation of electronic fetal monitoring information

PROFESSIONAL EXPERIENCE

1979-present UnityPoint St. Luke's Hospital

Staff Nurse BirthCare Center 1979-1996, 2010-present

Responsible for the direct care of patients and families; Communication with physicians, peers and students; Preceptor for new orientees and students; Hospital committee on Domestic Violence, committee recognized in 2012 for outstanding projects for Linn County; Evidence Based Committee

2011- 2017 Learning Facilitator for Kirkwood Community College; CEU presentations including normal birth, electronic fetal monitoring, maternal high risk subjects, preparing for the NCC inpatient obstetrical and electronic fetal monitor exams; simulation team member; responsible for facilitating and running simulations for Kirkwood College health science students, community based hospital training; IV Therapy for the LPN; part time faculty for simulations in obstetrics for ADN program

2010-current: St. Luke's Nursing Service; assisting Nurse Residency Program education programming, facilitating and evaluating

2010-present – Nurse Consultant: presenter “Electronic Fetal Monitor Update” , Physician and Nursing education program, presentations @ Grinnell and Spencer; AWHONN presenter of intermediate and instructor courses for Mayo Clinics in Albert Lea and Rochester, Minnesota; Spirit Lake, IA; St. Paul, MN, Duluth, MN; Hutchinson, MN, Kansas City, MO; Dallas, TX; EFM updates, hemorrhage and shoulder dystocia drills to Guttenberg Community Hospital; EMT presentations for annual EMT/Paramedic review for Kirkwood Community College including basic and high risk obstetrical subjects, NCC Inpatient OB prep class in Cedar Rapids, Des Moines and Ames; presenter at state AWHONN conference

2010 - Presenter for AHEC (Area Health Education Grant, administered through the University of Iowa, College of Nursing): Shoulder dystocia drills, Preparing for Sentinel Event Alert 2010-Preventing Maternal Deaths, Pre Eclampsia,

2011, 2015, 2017 & 2020– AWHONN national office evaluator of Perinatal Education Orientation Program Module updates

2016 Presenter, NRP Forum, CMV in Iowa; What is happening in our legislature?

2017 Presenter, 5th Annual Neonatal Care Conference; IANN; CMV: What Impact Can the Nurse Make?

2011 & 2014 – AWHONN National office committee for programming for 2012 & 2015 National conference, responsible for evaluating submitted abstracts for planning committee; 2018 National Conference Committee member; 2015-present; member of Section Advisory Council, district 4 (Kansas, Nebraska, Iowa, Minnesota, South Dakota, North Dakota

2012 – AWHONN Task Force to review, revise, and publish the education guide “Basic, High-Risk, and Critical Care Intrapartum Nursing: Clinical Competencies and Education Guide (5th ed.)”.

2012 - AWHONN Electronic Fetal Monitor Instructor Trainer Committee, review potential candidates

2005-present Reviewer for medical malpractice, provide expert opinion regarding the practice of labor and delivery nurses and interpretation of electronic fetal monitoring information

2012 – Iowa Statewide OB Steering Committee, Iowa Healthcare Collaborative, presenter at November 2012 Learning Community Conference: 39 Week Initiative: The Cedar Rapids Story

2013 Reviewer 5th ed. 2014 AWHONN's Fetal Heart Monitoring Principles and Practices; 2020 Reviewer of 6th ed. (in press) of FHMPP

2013 member of the Iowa Statewide Strategic Plan for Obstetrical Care

1996- 2010 Obstetrical Outreach Coordinator – UnityPoint St. Luke's Cedar Rapids, IA
Presenter of continuing education and educational programming at St. Luke's and surrounding communities including: Level 1, 2 and 3 centers. Classes organized, presented, and evaluated include fetal monitoring, AWHONN's intermediate and advanced; basic obstetrical care, Neonatal Resuscitation Program, PCEP courses, AWHONN's Perinatal Orientation Education Program

2006-2009 Institute for Health Improvement committee member, attendee at numerous national conferences representing St. Luke's Hospital and UnityPoint health system

2005-2010 St. Luke's Birth Care Center Simulation team facilitator, responsible for scheduling, presenting, and facilitating simulations for BirthCare Center nursing and physician staffs utilizing Noelle simulator

2006-2009 Co-facilitator of BirthCare Center Evidence Based Care Committee, responsible for organizing and implementation using the Iowa model change projects

1996-2010 BirthCare Beginnings Prenatal Coordinator, responsible for programming, assessment, education and scheduling for families seeking information of St. Luke's prenatal services

1995-2002 Coe College, adjunct clinical instructor, responsible for the orientation, planning and evaluation of junior level nursing students

EDUCATION

Charles City Community High School Diploma, 1975

University of Iowa, College of Nursing Bachelor of Science, 1979

University of Iowa, College of Nursing Master of Science, Advanced Practice, 1995

PROFESSIONAL MEMBERSHIPS

Association of Women's Health, Obstetrical and Neonatal Nursing, Iowa Section Chair, 2009-2012, Iowa leadership team and legislative representative; 2015-2018 national committee member
Section Advisory Council district 4 (Iowa, Nebraska, Kansas, Minnesota, South Dakota & North Dakota); 2018 National Conference planning committee;
2019- present Committee member of AWHONN National EFM task force
2019- present Committee member of AWHONN's Staffing Guidelines, 2nd ed.

March of Dimes, Hawkeye Division Board Member through 2012, Program Service committee; honored in 2010 for contributions at the division and state level committees

Kirkwood Community College Simulation Center Advisory Board Member, 2012

Iowa Breast Cancer Action Education Foundation, past Board Member & president

Sigma Theta Tau, Kappa Xi chapter, Mt. Mercy College, 1991-present

Iowa Nurses Association, delegate to 1994 state convention

Adolescent Pregnancy Prevention Coalition Board Member until 2005

ADDITIONAL PROFESSIONAL ACTIVITIES

NCC: National Certification, Inpatient Obstetrical Nursing since 1991, Electronic Fetal Monitoring since 1998

PROFESSIONAL AWARDS

St. Luke's Smulekoff Nursing Award, 1995

St. Luke's Vanourny Award for Excellence in Obstetrical Nursing, 1995

100 Great Iowa Nurses 2005

Waypoint Women of the Year Nominee, 2007

Women's Equality Day Woman of the Year, 2012

AWHONN EFM National Instructor Recognition Award, 2013

Iowa Hospital Association "Lamp of Knowledge Award" 2015

Waypoint Tribute to Women 2016

Unitypoint St. Luke's "Living the Mission, Leading with Purpose" 2019