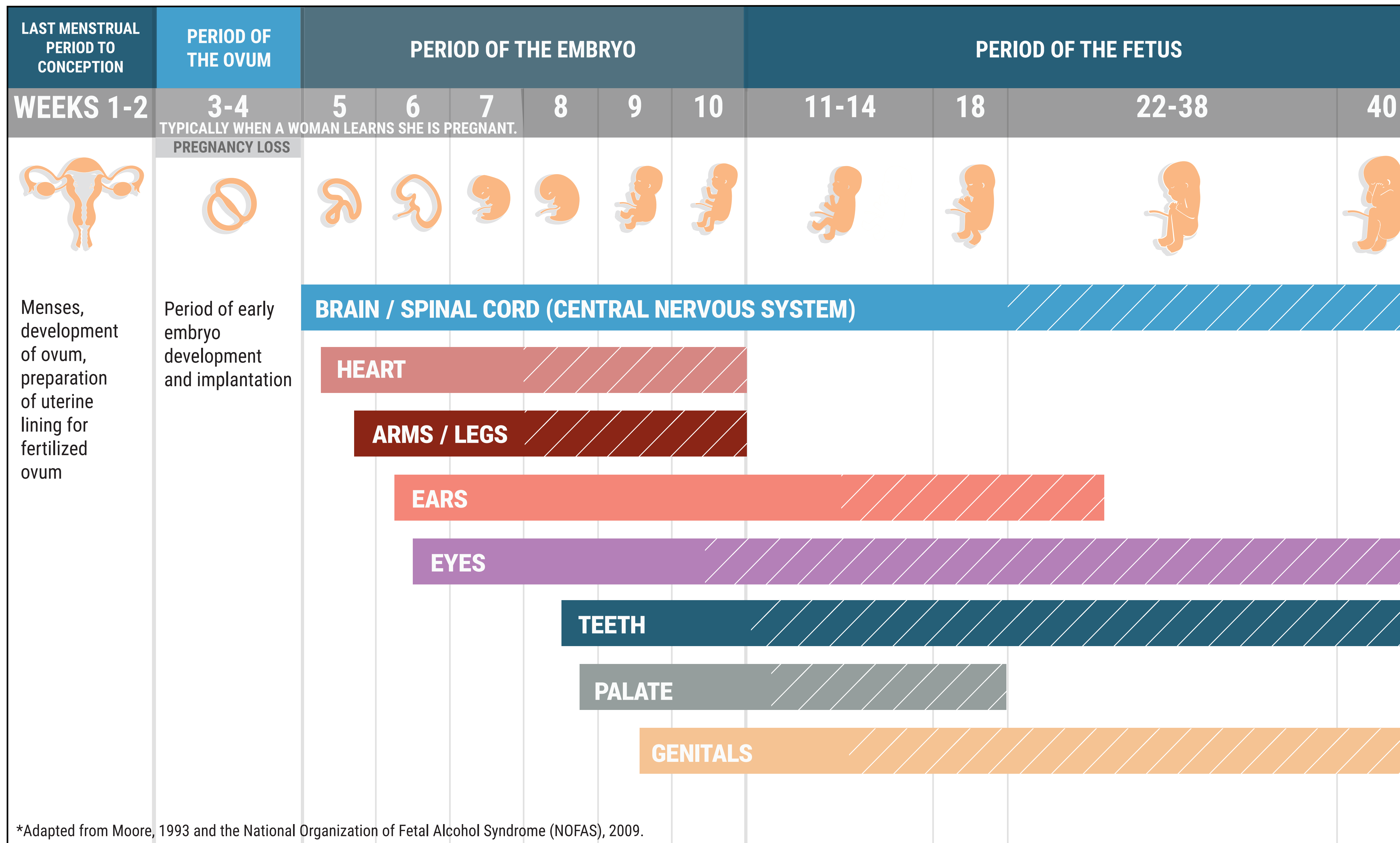


# ALCOHOL AND PREGNANCY DON'T MIX

BRAIN DEVELOPMENT CAN BE AFFECTED BY ALCOHOL AT ANY TIME DURING PREGNANCY



Teratogens are substances that can cause abnormal fetal development.

Alcohol is a powerful teratogen that targets the brain.

The disabilities caused by alcohol exposure during pregnancy are called fetal alcohol spectrum disorders (FASDs) and last a lifetime.

For more information, please visit [www.cdc.gov/fasd](http://www.cdc.gov/fasd)

Supported through the Centers for Disease Control and Prevention

Cooperative Agreements  
1U01DD001143,  
1U01DD001144, and  
1U84DD001135

MAJOR STRUCTURAL defects can occur.  
 MAJOR FUNCTIONAL and MINOR STRUCTURAL defects can occur.

